

# #tag

NEWS FOR US, BY US

January - April 2019

Talent galore:  
profiles on four  
campus artists

AUTUMN  
FASHION TRENDS

One-on-One with  
Mpume Khaba

UNIZULU STUDENTS  
SAY "NO!" TO  
DOMESTIC VIOLENCE



# # EDITOR'S NOTE

**H**uman rights, like basic human needs, are an essential part of any individual's life. Among these, as written in the bill of rights of the Constitution of South Africa, are the right to life, equality and privacy. Also enshrined is the right to freedom and security of the person. This includes freedom from all forms of violence from either public or private sources, torture of any kind and cruel, inhuman or degrading treatment or punishment. March being the month of human rights and April being the month to celebrate freedom, #tag has zoomed in on a pertinent human rights/ freedom issue: domestic violence. We have asked a few of our male students to share their thoughts on the matter. You'll read more on that in our Vox Pops feature on page 3. Don't miss expert advice from UNIZULU's Department of Psychology's Ashmin Singh for domestic violence victims and perpetrators. You'll find this on page 12.


Phew, well we've started on a rather serious note, haven't we? Let's take a step back just a little to do the formalities. This is the first feature for the year so we'd love to extend a warm welcome to our first-time entering students. We wish you well on your journey as you navigate through your courses. We hope that, upon completion of your undergraduate studies, you'll happily reflect on a productive period. We know that #tag will form part of your fondest memories as well (wink, wink). To all our returning students, we trust that you have started implementing all your academic plans for the year and that you will succeed in all your academic endeavors.

Any fashionistas in the house? Yeah? We've got you guys covered in our new fashion feature (page 7). Make sure you check the page out to see what's trending this autumn.



And with that, our dear readers, we say goodbye.

Happy reading.

## Editorial Team

 Naledi Hlefane, Precious Shamase, Sphamandla Gumede, Samkele Sokhela and Hlumelo Nyikana

## Photography

 Sphamandla Gumede, Samkele Sokhela, Hlumelo Nyikana and Google images 

# CONTENTS



Vox Pops: Let's Talk Domestic Violence **3**



Get Your Hustle on **4 - 5**



Top 7 Items Not to Wear to an Interview **6**



Live and Let Living Coral **7**



One-on-One with the First Female Housing Chairperson **10**



From SA to the World **11**



Shining the Light on Domestic Violence **12**



Your Safety Counts **13**



FYI **14**



Inspiration **15**



## What is your stance on domestic violence?



I'm strongly against domestic violence because it creates a space that limits children's cognitive development. I don't remember my father beating my mother because they found better ways to solve their problems. So, I don't support this "supposed" norm of mistreating women, especially through violent acts.

**Simphiwe Makhunga**

Level two FET Phase Education: Language and Life Orientation



Living in constant fear in your own home is the worst kind of life one can live. Younger children who are easily impressionable are the most affected by this kind of abuse. Children become adults who are angry, aggressive and dangerous. If couples can no longer live together they should just separate instead of inflicting pain on one another. People should learn to be more patient and understanding in order to build better relationships and happier homes.

**Sakhele Mthimkulu**

Level two BSc Hydrology and Physics



Men who domestically abuse women contribute to creating a never ending cycle of abuse because young people who witness these acts grow up believing this is normal. Men think it's okay to beat women and women believe this is the only way men show their "love". We need to create far effective awareness campaigns to curb this crisis.

**Simphiwe Kheswa**

Level four LLB



Domestic violence is not the way to gain control and respect from people. Domestic violence affects the way a child thinks, their behaviour, and ultimately their future. We should strive to become people who live in a morally respectable manner. That's the only way to eradicate this issue.

**Duncan Mthethwa**

Level 3 BCom Accounting



Domestic violence is not necessary. It's inhumane. It is a criminal offence; as such, it is not a solution to any kind of problem. This kind of abuse causes anger which leads to homicide and hatred in our society. Domestic violence destroys families and nations. We should abolish it.

**Sabelo Gumede**

Level three Industrial Sociology and Labour Relations



# GET YOUR HUSTLE ON



When Lunga Gamedze, a fourth-year Bachelor of Arts in Environmental Planning and Development Studies student, realised that his family was struggling to finance his education seven years ago, he devised a plan that would generate income for his education and family.

Gamedze, who was in grade 10 at the time, took to recording hip hop music.

He has since been receiving a number of paying gigs around Durban and Stanger. Even though working as an underground independent musician has had its challenges, the Swati-born talented artist managed to accumulate a sum of money with which he is currently

paying his tertiary tuition fees while also supporting his family.

From his gigs, Gamedze has also turned into an entrepreneur. He currently owns a carwash located in Stanger and a fast-food tuckshop in Durban. The hip hop artist has achieved some feats in his musical career.

He has appeared in numerous local newspapers, received airplay in local radio stations and worked with Bongani Fassie, the son of the legendary late Brenda Fassie. Impressive hey?



Qiniso Prince Nxumalo, the 25-year-old from KwaMashu is studying towards a Master's degree in Communication Science. He is also enjoying a promising career in the make-up industry (doing facebeats, if you will), which he invests time in during his spare time. With just two years in the business, Que is already national. He has worked with a number of notable faces in the South African entertainment industry such as Zoe Mthiyane, known as Zitha in the SABC 1 soapie Generations, and Radio & TV personality Masechaba Ndlovu.

Nxumalo has also worked at huge events in the South African calendar such as the Vodacom Durban July. In 2018, he bagged R35 000 from doing facebeats during the weeklong UNIZULU Graduation Ceremonies.

The make-up artist said he was oblivious to his talent until he saw the massive feedback he had received on social media after he had posted a picture of himself wearing make-up. With his profit, Nxumalo pays for his education and everyday lifestyle. His long-term goal is to be recognised internationally, like renowned American Make-up Artist James Charles, by whom he is inspired.

When asked what his secret to swift success was, he responded, "You must have a relationship with money, know how to make and keep money sufficiently. There are many ways one can make money, for example, look at our institution, it is an economy on its own."





**Phumlani Sithole**

Twenty - four - year - old Phumlani 'Rasta' Sithole is an all-round brilliant individual who has earned his stripes in the community engagement, academic and entrepreneurship space. He took great strides when he was a member of the internationally-recognised UNIZULU Enactus chapter, is the top student in the LLB (Bachelor of Laws) programme and owner of an

arts school. There's more; Sithole also has admirable sketching and painting skills. Whether you prefer your artwork on paper, canvas or clothing, Sithole has got you. He takes great pride in his work, effecting every stroke and coat with precision and finesse. His sterling artistry saw him winning in the Best Stand category during the 2018 Student Entrepreneurship

Week (SEW), an initiative of the Department of Higher Education and Training aimed at scouting young entrepreneurs and instilling in students and promoting the spirit of entrepreneurship. When he is not wearing his artist, businessman or student hats, Sithole dabbles with photography.

From his side hustles, the young man has been able to purchase a digital camera worth R20 000 and opened Original Africa, a Richards Bay based arts school in which he transfers his sketching and painting skills while imparting his knowledge about art. His business ventures have afforded him the opportunity to travel to Ghana and meet with the country's president, Nana Akufo-Addo. We don't know about you but Sithole definitely has #tag's respect.



**Zoohkiing**

Siyanda 'Zoohkiing' Zungu is a fourth-year student registered for Consumer Science Extension and Rural Development Studies. The Ingwavuma born young man has turned his composing and musical talent into a business.

Upon discovering that he had a love for music production, Zungu voluntarily performed at various events until he secured a couple of paying gigs. With the money he received from gigs, he invested in a recording label from which he hopes to one day build an empire.

After purchasing the studio, the rapper taught himself how to

compose instrumentals and sold them to artists who were in need. Apart from producing and selling beats, Zungu also promotes his own music. He has been nominated in Live Your Dreams Awards in Durban in the Best Upcoming Artist category.

He has also been booked alongside prominent musicians such as Mampintsha and Dj Bongs. His aspiration is to collaborate with Nasty C and Cassper Nyovest one day.

Samkele Sokhela



# TOP 7 ITEMS NOT TO WEAR TO AN INTERVIEW



So you've finally secured an interview for that job you've been eyeing. The defining moment of reporting for duty for the very first time and meeting and greeting your colleagues has been playing in your mind ever since you heard the good news. That is how real this is for you. But alas, only one thing has been causing you sleepless nights: your interview outfit.

Relax, #tag has come to your rescue. We've compiled a list of items you should avoid wearing on the big day, to help you select the clothes that most suit the occasion.

- Don't wear earphones. Listening to music on the way to the interview is great because it helps to keep you relaxed but, if you're not going to be interviewed for a DJ position, it is best to take off your earphones to look more presentable.
- Avoid wearing ties with bombastic prints and patterns. Keep it simple. Rather use a single coloured tie which won't be too distracting. It also looks more professional, especially if you don't have a blazer on.
- Don't wear unclean or torn clothing. Take great pride in your appearance as this greatly affects your budding reputation.
- Please don't overdo your makeup. Use natural tones which highlight your perfect features.
- Go light on perfume, deodorant or cologne. Chanel no 5 and Yves Saint Laurent are arguably the most alluring scents in the world but, applying these scents excessively will only attract death stares or cause allergic reactions to flare.
- Wear quality footwear. You don't have to cough up thousands to buy shoes. Pick an appropriate pair that is comfortable to wear and durable because, chances are, you'll want to wear it post-interview. These shoes include leather lace-ups and midi trendy heels. Remember, wearing the right kind of shoe also boosts your confidence.
- Please don't wear extremely casual or offensive attire. This includes shorts, miniskirts, short club dresses and toenail rings as well as revealing tattoos and excessive piercings, excessive jewellery, tank tops and flip flops.

Here's a last bit of advice, it's best to do significant research on the company so that you can learn about its dress code. For instance, wearing Khaki pants with a golf tee and neat sneakers is perfect for an interview at My Broadband but is not appropriate at Magigaba M and Associates.

Remember, this is a crucial opportunity to showcase yourself as the best person suited for the job so look the part from head to toe.

Hlumelo Nyikana





# LIVE AND LET LIVING CORAL

Incorporate living coral, the pantone colour of 2019, into your autumn wardrobe and stand out! Here's some inspiration to get you started (you can thank us later...).

## FOR HER



● Biker Jacket\_MRP\_R349



● Coral Bodycon Dress\_MRP\_R119.99



● Drop Down Textured Earrings\_MRP\_R39.99



● Laser Cut Detail Ankle Boots\_Superbalist\_R299



● Black legalili clutch bag\_Superbalist\_R249



● Coral Cotton Golf Shirt\_Woolworths\_R250

## FOR HIM



● Grey deitan slip on\_ALDO\_R699.



● Skinny fit chino pants\_MRP\_R189.99



● Grey cardigan\_MRP\_R159.99

Naledi Hlefane













# ONE-ON-ONE WITH MPUME KHABA

Nompumelelo Nkanyezi Khaba, fourth-year Bachelor of Laws student, recently reached an incredible milestone by becoming the first ever female student to be elected as the chairperson of the Student Housing Committee at the University of Zululand since its inception. #tag's **Samkele Sokhela** recently caught up with Khaba and this is what transpired.

## Who is Nompumelelo Khaba?

I'm 28 years old. I'm the second of four children. I was born and raised in Soweto in Protea North, Johannesburg. I'm a bold, dynamic and loud individual with a very colourful personality.

## Tell us about finding out about your victory in the Student Housing Committee elections?

I cried; it was a feeling like no other. I did not sleep the whole night. It was so intense because there were so many people that were against us. Everybody kept on saying I would win, but you know... the anxiety.

## What got you interested in the Student Housing Committee?

It's student issues and challenges that are faced at university residences. Since I arrived at UNIZULU, I don't feel like we are getting value for all the money that we are paying. I feel like we are a little bit neglected. There isn't much that is happening at residences and that's dangerous because we need to remember that when people are bored, they choose drinking and the drinking leads to unfortunate incidences that we have been witnessing recently. We spend



Nompumelelo Khaba, the newly elected Chairperson of Student Housing Committee.

so much time within residences, but is it really a home away from home? We need to produce a conducive way that inspires everyone, including students, to take care of our residences no matter how old they look.

## What keeps you motivated?

My upbringing. I was raised in a nice, happy home. I studied in exclusive private schools like one of "those kids", you know. But, when I was 16, things got bad between me and my late father because I fell pregnant. He completely disowned me. I believe that experience was a learning curve for me because it introduced me to the real world. My father was a qualified magistrate who was very strict. My pregnancy was a huge disappointment for him. He told me: "Now that you have chosen to be a woman, go out and fend for yourself." I left and lived in Soweto. My mom would give me money on the side. Cleverly, with that money, I did a Diploma in Beauty Therapy as I had already passed grade 10. I searched for a

job so I could provide for my child and by God's grace I found one and picked myself up. I left home for four years and in 2015 when he got ill, my father asked me to come back home.

## Did you manage to make peace with your father before his passing?

Yes. He explained why he had treated me that way. I understood and made peace with him. He said I must be grateful that his tough love approach didn't kill me but made me stronger instead. I took several gaps in life, I did my matric at the age of 25 and with all that, today I realise that those gaps were preparing me to be the type of a person that I am today.

## Your zeal for student activism is unequivocal. Where do you draw your energy from?

I guess this derives from home. I come from a family of six, where there are two boys and two girls. The two siblings after me are disabled twins. One is a paraplegic and the other is severely autistic, meaning he can't speak. They both need to be looked after so I guess I am used to living in an environment where I have to provide a helping hand.

## Your message of motivation to women whose life experiences are leading them to want to give up?

If you want it, just know that you can get it. People will have something to say. But, believe that you can do it and go for it.





# FROM SA TO THE WORLD

UNIZULU Alumnus Takes International Culinary Space



UNIZULU Alumnus Lindani Biyela is making waves in Mount Pocono, Pennsylvania, United States of America. .

When Lindani Biyela (23), a former UNIZULU Bachelor of Science (BSC) Hospitality and Tourism student, received news that his application to work in the United States of America (USA) had been successful, he was both thrilled and anxious at the prospect of a new challenge ahead.

The young man, from Durban, was set to work for Kalahari Resorts and Convention, a hospitality company ranked among the best in the world. This would unequivocally be a life-changing opportunity for Biyela. But, was he going to adjust well to working in a completely foreign environment? How would his colleagues receive him? Would he make a lasting impression as an employee? These were questions that were racing in Biyela's mind.

Little did he know that his fears would swiftly dwindle upon arrival in Mount Pocono, Pennsylvania, where he is currently based. He reported for duty on 19 November 2018, joining the Food and Beverages Department in the company's Convention Centre.

"I've been doing very well. The environment is totally different (compared to South Africa) but it has been great and I have adjusted so easily," Biyela said.

"I am enjoying working here so far; the feedback from management has been very good. I can even do things now that other interns were not allowed to do, such as managing the cash register. The company has also put me as a cultural events co-ordinator," he boasted.

Looking back, Biyela marvels at the direction his life has taken. Just a few months ago, he had never boarded a flight, let alone travelled outside of South Africa. "This opportunity is extra special for me; it has been more like a chapter of breakthroughs," Biyela said.

The young man promised to continue raising the UNIZULU and South African flags until the end of his yearlong internship.

Samkele Sokhela





# SHINING THE LIGHT ON DOMESTIC VIOLENCE

Naledi Hlefané speaks to Ashmin Pillay, a lecturer from the Department of Psychology about domestic violence.

## What is domestic violence?

Domestic violence, also known as intimate partner violence (IPV), ranges from slapping, coercing a woman to have sex, threatening to beating, hitting with sticks or other objects, pushing, assaulting with fists, violent rape, stabbing with a knife and shooting (Wood & Jewkes, 2001). In a country of approximately 40 million people, as many as five women are estimated to be killed each week by an intimate partner (Vetten, 1995). Unequal power relations in patriarchal societies perpetuate ideas of male dominance and aggression towards women.

## What options are there for a victim of abuse?

Worldwide, two models of care dominate for abused women: social services of counselling and safe shelter, and legal actions of arrest and protection orders. The National Crime Prevention Strategy (NCPS) of 1996 established crimes of violence against women and children as a national priority (a status such crimes have continued to enjoy in subsequent national policing strategy documents) and a number of legislative reforms have also been instituted in this area. These include mandatory minimum sentences for certain rapes (the Criminal Law Amendment Act, no 105 of 1997); tightening bail conditions for those charged with rape through the Criminal Procedure Second

Amendment Act (no 85 of 1997); and passing, in 1998, the Domestic Violence Act (DVA) (no. 118 of 1998). Specialist facilities have also been set up such as family courts, specialist sexual offences courts and Thuthuzela centres. (Vetten, L, p. , 1995)

## What are the signs of abuse?

Excessively controlling partners that dictate who you speak with, when and how you communicate with others is a sign of an abusive partner, where they insist on making all decisions for you. Abuse includes put you down by insulting you, humiliating you, destroying the things you care for, and blaming you for their abusive behaviour.

Physical signs of abuse could also include physically hurting you or threatening to hurt you, your loved ones, or themselves whenever you upset them or try to stand up to them. Sexual abuse could be committed by a stranger or by your intimate partner and it includes any person trying to force you to have sex or other sexual or intimate activity.

## Seeking help in abusive situations

The healing process begins with confiding in a trustworthy friend or relative. A doctor, psychologist, counsellor or social worker may be contacted to provide a person with information. Leaving a partner that is abusive is vital. Then, one is able to deal with the trauma, depression,

anxiety and other problems that may affect one's daily functioning. Helplessness and hopelessness often accompany survivors of abuse.

It is important to know that others have gone through the same route and a person is never alone. The pro-feminist programmes aim to change men's discriminatory and controlling attitudes towards women and make safety of the victim paramount. The perpetrator is therefore held responsible for changing his attitude and behaviour in this approach.

## References

Jewkes, R., Levin. J, & Penn-Kekana, L. (2002). Risk factors for domestic violence: findings from a South African cross-sectional study. Retrieved from [https://doi.org/10.1016/S0277-9536\(01\)00294-5](https://doi.org/10.1016/S0277-9536(01)00294-5) (Accessed 18/03/2019)

Maphosa, N. (2012). An Outcome Evaluation of NICRO's 'Perpetrator of Intimate Partner Violence Programme'. [Unpublished]. Retrieved from <https://ujcontent.uj.ac.za/vital/manager/Index?site> (Accessed: 19/03/2019).

Vetten, L. 2005. Addressing domestic violence in South: Reflections on Strategy and Practice. Centre for study of violence and reconciliation: South Africa.

[www.netcare.co.za](http://www.netcare.co.za)

website retrieved 18 March 2019





# YOUR SAFETY COUNTS

## \* STOP \* THINK \* ACT

In the wake of recent fatal violent acts against students around the country, #tag has taken the decision to educate you (the University's most important stakeholders) about measures you can take in order to stay safe in and around campus.

Here are a couple of safety tips we've extracted from the University's Safety Tips for Students booklet. Read the complete booklet on the UNIZULU website using the following link <http://www.unizulu.ac.za/wp-content/uploads/2018/01/Revised-Safety-Tips-EXTERNAL-printing.compressed.pdf>.

### PERSONAL SAFETY

- \* Always walk on well-travelled and well lit areas
- \* Always walk with friends- especially at night and in dark areas
- \* Keep abreast of crime trends and patterns
- \* Consider carrying pepper spray, a whistle or learn basic self-defence techniques

### SOCIAL SITUATIONS

- \* Before going on a date, ensure you know your date's name, address, car registration and friends. If you suddenly feel uncomfortable while on the date, immediately leave
- \* Do not rely on someone you just met for a ride home.

- \* Always carry extra cash or have a number for a metre taxi, friend with a car and/or Uber.
- \* If you have been assaulted, find the nearest safe place and call a friend. Thereafter, call SAPS and PSD.

### GOING OUT

- \* Go out with friends you can trust.
- \* Go to a place near to your home, residence or campus, for ease of reach should you require any help.
- \* Notify at least one person that you are going out, where you intend to go and when you expect to return. Call that person if you are going to be late so that they will not worry about you.

- \* Beware of drink spiking. Rohypnol, a strong sedative that causes memory loss, and other substances can be added to your drink, without being detected, in order to incapacitate you.

### GENERAL SAFETY

- \* When taking the stairs, walk slowly and make use of handrails.
- \* Drink water regularly to eliminate dehydration.
- \* Eat enough food to minimise incidents such as fainting.
- \* Do not use your hand or any other part of your body to prevent lift doors from closing.

Naledi Hlefane





F4I



**Who:** Sinqobile Fanele Ndulini, PHD student in Microbiology

**What, where, when, why and how:** Ndulini is the proud recipient of the Lewis Jonker Award which is presented annually to the best young water scientist (under the age of 35) at the Waternet/WARFSA/GWP-SA Symposium. Ndulini's award came as a result of her outstanding presentation at the 19th symposium, held towards the end of 2018 in Zambia. Her topic was titled "A green technology for pathogens removal from domestic waste water". In addition to her

recognition, the student received a 2000 Euros prize which will finance an all-expenses-paid trip to a conference of her choice. Ndulini will therefore be attending the World Water Week taking place in Stockholm, Sweden in August 2019. Her presentation also saw her receiving a certificate for the best oral presentation in the Water, Health, Livelihoods and Economic Development sub-theme.

**So what?** Water availability and food security are becoming key challenges as both are highly vulnerable to continuously changing climatic patterns. Agricultural yields will likely be severely affected over the next one hundred years due to unprecedented rates of changes in climate system. Water availability and food security being closely linked, monitoring water availability to ensure the production of food is therefore crucial.



**Who:** Society for Students with Disabilities

**What, where and why:** An extension of the Disability Unit which falls under the Student Services Department (SSD), the society is made up of students with albinism; visual impairments; hearing difficulties; neurological problems; paraplegia; epilepsy, invisible

disabilities and accident and crime victims.

Students with disabilities are encouraged to join the society as it is a platform where they can openly speak out about the challenges their disabilities pose in their everyday lives. They can join the society by contacting the Disability Unit Coordinator Phiwayinkosi Mjadu via telephone on 035 902 6398 or 083 944 2063 or email MjaduP@unizulu.ac.za.

Alternatively, students may visit Mjadu in Office 12, Block 13, Thandanani Complex. Students who are on medication are also encouraged to declare this information to Mjadu using the mentioned means of communication.

Naledi Hlefane





# INSPIRATION

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education." - Martin Luther King, Jr.



## This book changed my outlook on life

"After losing my father I went through a very rough patch. I was in matric and a friend of mine gave me a book titled "Law of attraction". Reading that book made me realise that if you have a negative outlook on life attracts a negative energy. It made me look at things more positively. Now I am doing so well academically. That book changed my life; it made me a better person."

**- Sahluko Khuzwayo**  
Diploma in Media Studies



## My child motivates me to be the best version of myself

"I have a child who looks up to me. Every morning I wake up and strive to be a better person than I was the day before. My child is what keeps me moving forward because I would like to give her the life that I never had. She is the wind beneath my wings."

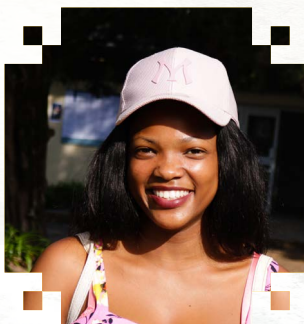
**Zinhle Xulu**  
BA in Communication Science



## My rugby coach gave me pearls of wisdom

"I play for the UNIZULU rugby team. We have a wonderful coach who has become more of a father figure for us. Not only does he coach us on the field but he gives us advice about life matters as well. There is one particular line that he likes to say whenever we seem to be losing heart as the team: "It's all in the mind." Simple as they are, these words have become so significant for me. They have become my mantra. I am a law student and some of my modules can be really challenging but each time I get the urge to give in to the pressure, I think about my coach's favourite line and suddenly regain the strength to face the modules head-on."

**Ntsika Biyela**  
Bachelor of Laws



## My teacher led me to my chosen career path

"When I was in grade 11, I had a great teacher who went out of her way to ensure that we understood and excelled in geography. Whenever she took us for a lesson, every time, without fail, she would ask us some questions about what we had learned in the previous lesson just to jog our memory and test our knowledge of that particular topic. Her punctuality, passion for teaching and professionalism are what motivated me to want to be a teacher too."

**Noxolo Mavuso**  
Bachelor of Education (Geography and Languages)





LIKE OUR PAGE

University of Zululand



FOLLOW US

UNIZULUongoye



INSTAGRAM

UNIZULU.Official



SUBSCRIBE TO OUR CHANNEL

UNIZULU Official



CONTACT US

Communications & Marketing Division

Private BagX1001, KwaDlangezwa, 3886

Tel: 035 902 6668

Fax: 035 902 6311

Email: [cmd@unizulu.ac.za](mailto:cmd@unizulu.ac.za)



UNIVERSITY OF  
ZULULAND