

**B (Hons) (Home Economics) [SHE500]**  
**Faculty of Science and Agriculture**  
University of Zululand

## **B (Hons) (Home Economics) [SHE500]**

### **ADMISSION REQUIREMENTS**

A 3-year bachelors degree in Home Economics / Consumer Science.

### **DURATION OF DEGREE**

One-year full-time study or a minimum of two years part-time study.

### **CURRICULUM**

1. One approved course from the Honours syllabus in Development Studies or Tourism may be substituted for Non-formal Education and Home Economics (SHE 591) on approval of the respective Heads of Departments.
2. A specialisation course may not be offered in any given year if a suitably qualified staff member is not available.
3. The year mark and examination mark shall carry equal weight in determining the final mark.
4. Prospective students must contact the head of department **before the end of January**.

### **THEORY**

#### **A. Compulsory Courses [SHE597 and SHE598]**

SHE597	Research methods
SHE598	Research project and oral.

#### **B. Specialisation Courses**

Advanced study in **three** of the following topics:

SHE591	Non-formal Education and Home Economics Extension
SHE592	Family studies and Home Management
SHE593	Clothing
SHE594	Housing and Interior Design
SHE595	Community Nutrition
SHE596	Food
SHE599	Food Service Management Systems

### **NON-FORMAL EDUCATION AND EXTENSION [SHE 591]**

Adult education, non-formal education and extension for community development. Analysis of development issues and the role of extension/non-formal education. Educational needs of adults in community, and analysis of the organizational structure and goals of extension programmes. Programme planning and evaluation.

## **FAMILY STUDIES AND HOME MANAGEMENT [SHE592]**

Theoretical frameworks/approaches in studying the family. Families and social change. Critical analysis of issues affecting the family, causes and prevention.

## **CLOTHING [SHE593]**

Socio-psychological and cultural aspects of clothing and clothing production, nature of fashion and fashion trends and cross cultural marketing considerations.

## **HOUSING AND INTERIOR DESIGN [SHE594]**

An in-depth study of housing theory and policy; Understanding issues of informal settlements and other housing challenges; housing finance, financial institutions and low cost housing delivery in South Africa. Socio-economic and political aspects of community participation

## **COMMUNITY NUTRITION [SHE595]**

Overview of current nutrition problems globally and locally, to include overview of South African research on nutrition problems. Nutrition assessment and surveillance. Possible and current strategies to combat nutritional problems in South Africa, with special reference to:

- Overnutrition
- Micronutrient malnutrition.
- Food policy and agricultural policy in addressing food insecurity in SA
- Nutrition considerations in HIV/AIDS
- Nutrition promotion

Planning, implementing and monitoring of nutrition programmes.

## **Foods [SHE596]**

Examination of aspects of food and nutrition policy viz, international food trade and controlling agencies, food control in South Africa, dominant food and nutrition systems in South Africa, the role of food industrialization in food supply. Issues on genetically modified foods, fortification, modern preservation methods. Mini project on sensory evaluation of selected foodstuffs

## **RESEARCH [SHE 597]**

Methods Quantitative and qualitative research methods. The various stages of the research process are covered, i.e design, sampling, data collection and data analysis.

The student is expected to develop a research proposal.

## **RESEARCH PROJECT [SHE598]**

Application of the research methods knowledge in the development and execution of a research project. Student will be under the guidance of a supervisor and the project will be evaluated by an external examiner.

## **FOOD SERVICE MANAGEMENT SYSTEMS [SHE599]**

Evaluation of menus in different food service systems. Menu planning for different client groups and cultures. Cost control systems in food services.

### **EXAMINATION**

Theory papers : 3-hour examinations.  
Research project (including an oral examination).